



November 2025

Inside this Issue

- 1 Being Involved/Calendar Of Events
- 2 Step 11/ 11th Tradition
- 3 11th Concept/ Word Puzzle
- 4 Manager's Report

AV Intergroup of AA
43619 N. 17th Street West,
Suite 106
Lancaster, CA 93534
661-945-5757
17th Street West / Avenue K

Central Office Web Site:
www.avcentraloffice.org
Central Office Email:
avcentraloffice@gmail.com

Email Scoop submissions:
Jessica Christman
Jchr93551av@gmail.com

Please limit submissions to 500

The Scoop

BEING INVOLVED

Being involved in Hospitals and Institutions (H&I) has been one of the most important parts of my sobriety. Carrying the message into facilities has kept me accountable, grounded, and connected to the real reason I got sober in the first place—to help another alcoholic. Every time I share my story, I'm reminded of the pain I came from and the hope that recovery offers. That reminder strengthens my own recovery and gives me the perspective I need to stay on the right path. H&I has given me purpose beyond myself, showing me that my past can be used to bring light into someone else's darkest moments.

On top of that, having the opportunity to serve in Bridging the Gap has been a privilege and a responsibility that I don't take lightly. Guiding people who are just leaving treatment toward meetings and support is one of the most meaningful jobs I've ever done. It feels like standing at a crossroads with someone and being able to point them toward hope instead of despair. Watching people take those first steps into the program reminds me how vital service work is—not only for them, but for my own sobriety. These commitments have taught me

that service is more than just a duty; it's a gift that continues to give me direction and purpose in life. —Jonny A.A. 2023, H&I Bridging The Gap Liason

Bridging the Gap can provide a temporary contact for alcoholics in treatment centers, medical facilities, crisis centers, detox centers or other facilities. The intent of Bridging the Gap is to provide the recently released or discharged alcoholic with temporary help for a limited time. Keep in mind that this is basic Twelfth Step work.

In some parts of the U.S. and Canada, BTG operates as a stand-alone committee, while in others Bridging the Gap is part of the work of a Treatment or Hospitals and Institutions (H&I) committee. In still others, the work is organized by a local intergroup committees or central offices. Regardless of how it is organized, all share the basic goal of providing a bridge that helps newcomers find Alcoholics Anonymous.

Calendar of Events

Central Office Intergroup Meeting-1st Thursday of the month at Central Office @7pm
Roundup Meeting-1st Sunday each month @5:30, Grange

H&I Meeting- 2nd Sunday each month @10am, Friends of Bill
Halloween Bingo, November 1st, 5pm, 7552 Remmet Canoga Park
 November 1st @ 9pm,
Dia de los Muertos@ 9pm,
 1817 E. Ave Q
Three Legacies Conference,
 November 7th @ 4pm, 2275
 Morello Avenue, Pleasant Hill
We Are Step 'n Ahead w/Wayne B., November 15, 2pm, 11530
 W. Pico Blvd, Los Angeles
3rd Annual Chili Cook-off,
 November 22nd, 2pm, 41843 50th
 Street West Quartz Hill

Step 11

“Sought through prayer and meditation to improve our conscious contact with God as we understand Him, praying only for knowledge of His will for us and the power to carry that out.”

Prayer and meditation are our principal means of conscious contact with God.

We A.A.’s are active folk, enjoying the satisfactions of dealing with the realities of life, usually for the first time in our lives, and strenuously trying to help the next alcoholic who comes along. So it isn’t surprising that we often tend to slight serious meditation and prayer as something not really necessary. To be sure, we feel it is something that might help us

to meet an occasional emergency, but at first many of us are apt to regard it as a somewhat mysterious skill of clergymen, from which we may hope to get a secondhand benefit. Or perhaps we don’t believe in these things at all.

To certain newcomers and to those one-time agnostics who still cling to the A.A. group as their higher power, claims for the power of prayer may, despite all the logic and experience in proof of it, still be unconvincing or quite objectionable. Those of us who once felt this way can certainly understand and sympathize. We well remember how something deep inside us kept rebelling against the idea of bowing before any God. Many of us had strong logic, too, which “proved” there was no God whatever. What about all the accidents, sickness, cruelty, and injustice in the world? What about all those unhappy lives which were direct result of unfortunate birth and uncontrollable circumstances? Surely there could be no justice in this scheme of things, and therefore no God at all.

Sometimes we took a slightly different tack. Sure, we said to ourselves, the hen probably did come before the egg. No doubt the universe had a “first cause” of some sort, the God of the Atom, maybe, hot and cold by turns. But certainly there

wasn’t any evidence of a God who knew or cared about human beings. We liked A.A. all right, and were quick to say that it had done miracles. But we recoiled from meditation as obstinately as the scientist who refused to perform a certain experiment, and when unexpected results followed, we felt different; in fact we knew different and so we were sold on meditation and prayer. And that, we have found, can happen to anybody who tries. It has been said that “almost the only scoffers at prayer are those who never tried it enough.”

The 11th Tradition

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Without its legions of well-wishers, A.A. could never have grown as it has. Throughout the world, immense and favorable publicity of every description has been the principal means of bringing alcoholics into our Fellowship. In A.A. offices, clubs, and homes, telephones ring constantly. One voice says, “I read a piece in the newspapers...”; another, “We heard a radio program...”; and

still another, “We saw a moving picture...” or “We saw something about A.A. on television...” It is no exaggeration to say that half of A.A.’s membership has been led to us through channels like these. The inquiring voices are not all alcoholics or their families. Doctors read medical papers about Alcoholics Anonymous and call for more information. Clergymen see articles in their church journals and also make inquiries. Employers learn that great corporations have set their approval upon us, and wish to discover what can be done about

alcoholism in their own firms. Therefore, a great responsibility fell upon us to develop the best possible public relations policy for Alcoholics Anonymous. Through many painful experiences, we think we have arrived at what that policy ought to be. It is the op-posite in many ways of usual promotional practice. We found that we had to rely upon the principle of attraction rather than of promotion.

Eleventh Concept:

Concept 11 – While the trustees hold final responsibility for A.A.’s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, their personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs, and consultants together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

- Do we understand how the roles of nontrustee directors and nontrustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional “Right of Participation”?
- Do we practice rotation in all our service positions?

Word Puzzle

W	D	T	G	R	A	C	E	F	S	Y	R
R	B	N	L	X	P	Q	Z	T	C	F	A
I	O	M	E	D	I	T	A	T	E	O	I
N	I	M	P	R	O	V	E	E	C	R	S
G	Y	O	F	J	C	N	W	C	F	G	I
E	P	R	A	Y	E	R	W	G	Y	I	N
R	P	R	E	R	E	A	D	X	E	V	G
E	S	E	A	R	C	H	Z	W	V	I	P
Q	H	C	H	A	N	N	E	L	S	N	V
Y	X	I	C	O	W	B	E	M	Z	G	P
D	E	S	P	A	I	R	T	X	I	C	N
W	C	S	H	U	C	K	S	I	D	T	Z

MEDITATE, PRAYER, CHANEL, DESPAIR, FORGIVING
WRINGER, REREAD, SHUCKS, GRACE, IMPROVE,
RAISING, SEARCH

November 2025 Office Manager Report

	Jan - Sep	Oct	YTD Total
Sales of Goods	\$44,996.68	\$3,812.53	\$48,809.21
Expenses	(\$51,817.69)	(\$5,734.31)	(\$57,552.00)
Cost of Goods	(\$24,108.19)	(\$6,326.54)	(\$30,434.73)
Contributions	\$34,171.75	\$3,873.57	\$38,045.32
Net Income	\$3,242.55	(\$4,374.75)	(\$1,132.20)



Contributions

Group	Jan - Sep	Oct	Total
A Gathering of Women	\$376.00		\$376.00
AM/Mid-Day Mod	\$6,805.21	\$559.07	\$7,364.28
Anonymous	\$3,425.95		\$3,425.95
Any Lengths Group	\$73.10		\$73.10
AV Hospital	\$0.00		\$0.00
AV Men's Stag	\$933.28	\$221.49	\$1,154.77
AV Roundup	\$1,310.94		\$1,310.94
AVYPAA	\$0.00		\$0.00
Birthday	\$143.00	\$31.00	\$174.00
Cal City Clubhouse	\$0.00		\$0.00
Crown Valley Group	\$1,581.00	\$9.00	\$1,590.00
Daily Reflections	\$0.00		\$0.00
District 7	\$462.72	\$284.13	\$746.85
Faithful Fiver	\$2,314.00	\$343.00	\$2,657.00
High Desert BB Grp	\$5,430.00		\$5,430.00
Intergroup Fundraisers	\$141.00	\$1,419.00	\$1,560.00
Into Action	\$0.00		\$0.00
Joe & Charlie Book Study - Alano	\$0.00		\$0.00
Lake Hughes Group	\$740.00		\$740.00
New Beginnings	\$0.00		\$0.00
Open Door	\$220.82		\$220.82
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$1,769.79	\$484.49	\$2,254.28
Palmdale Mon Noon 12 & 12	\$100.00		\$100.00
Pearlblossom Grp	\$120.00		\$120.00
Pearlblossom 24 Hr/Daily Reflection	\$217.77		\$217.77
PM Mod	\$344.77		\$344.77
Quartz Hill Unity Grp	\$1,944.00	\$280.00	\$2,224.00
Rainbow Grp	\$150.00		\$150.00
Recovery @ The Ranch	\$0.00		\$0.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$40.00		\$40.00
Sat AM Men's Stag	\$0.00		\$0.00
Step Workshop Meeting	\$0.00		\$0.00
Sun Love & Tolerance	\$0.00		\$0.00
Sun Night BBS	\$639.00		\$639.00
Thursday Night Step Study	\$497.05		\$497.05
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$634.25		\$634.25
Westside Grp	\$40.00		\$40.00
Women in Recovery	\$30.00		\$30.00
Women Seeking Serenity	\$379.00		\$379.00
Sober Sisters	\$0.00		\$0.00
Homebound Grp	\$16.00		\$16.00
Digital Contributions	\$3,293.10	\$242.39	\$3,535.49
TOTALS	\$34,171.75	\$3,873.57	\$37,666.32

Laura H.	11/1/2024	1	Kevin E.	11/13/2004	21
Trish S.	11/11/2022	3	Kim S.	11/22/2004	21
Eric C.	11/27/2021	4	Mvrel	11/6/2004	21
Sonja W.	11/8/2020	5	Anna C.	11/10/2003	22
Lisa J.	11/2/2020	5	Elizabeth M.	11/14/2003	22
Melissa C.	11/13/2019	6	Jim B.	11/7/2003	22
Belinda T.	11/27/2015	10	John B.	11/25/2003	22
Sarah F.	11/11/2014	11	Michelle T.	11/15/2003	22
Barb F.	11/27/2014	11	Perry L.	11/6/2003	22
John R.	11/1/2012	13	Sharon B.	11/11/2003	22
Kevin M.	11/13/2012	13	Willy S.	11/7/2003	22
Shea G.	11/8/2012	13	Fidel V.	11/27/2002	23
Stephen B.	11/21/2012	13	Joe B.	11/1/2002	23
Christine F.	11/1/2011	14	Julie B.	11/8/2002	23
Britta S.	11/29/2010	15	Ralph S.	11/12/2002	23
Chris W.	11/17/2009	16	Sharon B.	11/7/2002	23
Katherine R.	11/9/2009	16	Art D.	11/30/2001	24
Larry B.	11/7/2009	16	Dana F.	11/5/2001	24
Lisa B.	11/24/2009	16	Darren F.	11/4/2001	24
Louie U.	11/19/2009	16	Jeff G.	11/4/2001	24
Max R.	11/7/2009	16	Maggie V.	11/7/2001	24
Mike P.	11/18/2009	16	David	11/22/2000	25
Shane K.	11/2/2009	16	John	11/27/1999	26
Cholee M.	11/15/2008	17	Colleen S.	11/22/1998	27
Connie P.	11/27/2008	17	Connie S.	11/1/1996	29
Cowboy Dave	11/30/2008	17	Bob M.	11/2/1995	30
Frank P.	11/27/2008	17	Carmen S.	11/10/1995	30
John W.	11/7/2008	17	Corey W.	11/22/1995	30
Richard M.	11/22/2008	17	Mark H.	11/2/1995	30
Lauren S.	11/15/2007	18	Edwin M.	11/24/1994	31
Lyle B.	11/21/2007	18	Frank D.	11/8/1992	33
Paul H.	11/22/2007	18	D. J.	11/7/1990	35
Dan Y.	11/28/2006	19	Robert V.	11/1/1990	35
Joe A.	11/1/2006	19	Dan C.	11/7/1989	36
Julius G.	11/17/2006	19	Dave M.	11/28/1989	36
Ken M.	11/28/2006	19	Joe K.	11/30/1989	36
Laura M.	11/28/2006	19	John M.	11/16/1988	37
Melinda W.	11/19/2006	19	Dale W.	11/5/1987	38
Chris C.	11/4/2005	20	Denise J.	11/25/1986	41
David W.	11/14/2005	20	Donna A.	11/7/1985	40
Deanna R.	11/7/2005	20	Dolores S.	11/27/1984	41
Debbie W.	11/18/2005	20	Ed B.	11/1/1983	42
Donna M.	11/28/2005	20	Larry Mc.	11/25/1982	43
Gavland D.	11/15/2005	20	Mike H.	11/13/1982	43
Hanny H.	11/28/2005	20	Virginia G.	11/25/1982	43
Jackie B.	11/26/2005	20	John S.	11/21/1981	44
James S.	11/10/2005	20	Don P.	11/1/1978	47
Mark L.	11/27/2005	20	Brian	11/13/1977	48
Mark W.	11/3/2005	20	Marge M.	11/7/1977	48
Tammy R.	11/24/2005	20	Arne P.	11/10/1976	49
Terry T.	11/1/2005	20	Al H.	11/6/1972	53
Doug H.	11/8/2004	21	John C.	11/17/1973	54
Elov C.	11/17/2004	21	Don R.	11/15/1967	58
Jose A.	11/2/2004	21			

**Get your groups birthday list to Central Office
... That's how they appear here!**

Total Years = 2,570

Managers Corner

Do you have an AA birthday this month? Please let us know so you can be remembered here in the Scoop!

This is Gratitude Month ~ if you are grateful to your sobriety and what AA has done for you, it is time to give back! Either participate at your group when they pass the second basket or come by Central Office and make your donation.

Thank You Saturday Volunteers!!

1st ~ Larry W. & Vacant
2nd ~ Wendy W. & Carolyn B.
3rd ~ Nonna W. & Vacant
4th ~ Heather C. & Vacant
5th ~ Heather C. & Vacant

Don't forget to visit us on the Web!

